



Amino-NR

NPN 80105744



What Is It?

Amino-NR is a complex of amino acids in naturally occurring ratios, providing support for daily wellness.

Uses For Amino-NR

Athletic Support: Amino acids provide important support for athletic training, as supplementation assists in the building of lean muscle mass when combined with regular resistance training and a healthy balanced diet. This formula is based on the ratios of amino acids found naturally in high biological value (BV) protein sources.

Daily Wellness: Adequate protein and amino acids are vital for overall daily wellness, supporting healthy tissue and enzyme function. Amino acids also play an important role in fluid balance, energy metabolism and muscle protein synthesis. Vitamin B₆ acts as a cofactor for healthy amino acid metabolism, while alpha lipoic acid provides antioxidant support for the maintenance of good health.

What Is The Source?

Alpha lipoic acid, taurine, glycine and l-methionine are produced synthetically. l-Arginine, l-alanine, l-glutamine, l-histidine, l-lysine and l-threonine are produced by vegetable fermentation. l-Proline is derived from rice dextrose fermentation. l-Isoleucine, l-phenylalanine, l-serine and l-valine are produced from corn dextrose fermentation. l-Leucine and l-tyrosine are extracted from protein and extensively processed and purified. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommended Dose

Adults: Take 3 capsules daily between meals, 2-4 hours prior to exercise, or as directed by a healthcare practitioner. Ensure to drink enough fluids before, during, and after exercise.


Warning

Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding, or have diabetes. Stop use and consult a healthcare practitioner if you experience sweating, paleness, chills, headache, dizziness, or confusion. People with phenylketonuria must avoid phenylalanine.

Contraindications

People with phenylketonuria must avoid phenylalanine.

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Medicinal Ingredients (per capsule)	 v 00
Vitamin B ₁₂ (adenosylcobalamin)	333.3 mg
Vitamin B ₆ (pyridoxal-5'-phosphate)	1.1 mg
DL-Alpha Lipoic Acid	16.6 mg
L-Histidine	25.7 mg
L-Isoleucine	39 mg
L-Leucine	69 mg
L-Lysine (L-lysine monohydrochloride)	60 mg
L-Methionine	52.6 mg
L-Phenylalanine	28.6 mg
L-Threonine	34.6 mg
L-Valine	37.7 mg
L-Alanine	13.6 mg
L-Arginine (L-arginine monohydrochloride)	18.7 mg
L-Glutamine	112.7 mg
Glycine	22.6 mg
L-Proline	45 mg
L-Serine	22.6 mg
Taurine	7.7 mg
L-Tyrosine	12 mg
L-Tryptophan	11 mg

Non-Medicinal Ingredients: Vegetarian capsule (hypromellose, water), ascorbyl palmitate.

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