

Brain·Matrix

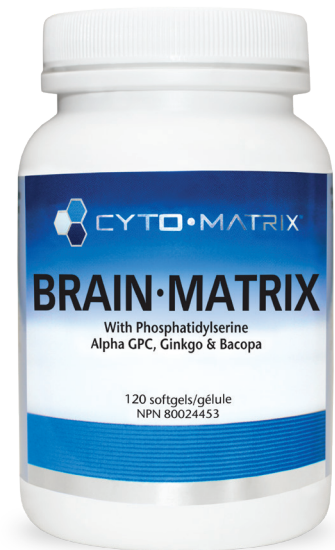
Highly standardized herbal extracts and active nutrients for improved cognitive function and memory in your aging population.

Each softgel contains:

Phosphatidylserine-enriched soy lecithin (20% phosphatidylserine)	125 mg
DL-alpha lipoic acid	100 mg
Ginkgo biloba extract (leaf, ginkgo biloba) 24% flavonoid glycosides, 6% terpene lactones, 50:1	40 mg
Bacopa extract (bacopa monnieri) 55% bacosides A & B, 20:1	37.5 mg
L-alpha-glycerophosphorylcholine (Choline alfoscerate)	25 mg
Vitamin B6 (pyridoxine HCl)	6.25 mg
Vitamin B12 (methylcobalamin)	250 mcg
Folate (L-5-methyltetrahydrofolate)	200 mcg

120 Softgels

Gluten and dairy free.



Brain·Matrix is a comprehensive blend of ingredients designed to support cognition and memory with aging. With the growing average life expectancy, a focus on cognitive health has never been more imperative.

Brain·Matrix includes herbs and nutrients that upregulate brain levels of acetylcholine, the neurotransmitter necessary for proper memory and learning. For example, bacopa monnieri has not only been found capable of increasing acetylcholine levels but also to improve working memory, reaction times, verbal recall and comprehension speed. At the same time, alpha-

glycerophosphorochole (also known as Alpha-GPC) is included in the formula to provide a highly-absorbed form of choline to be used as a building block for neurotransmitter production.

As many people are aware, the human brain is primarily made up of fat tissue and it requires various phospholipids to function. As such, Brain Matrix includes phosphatidylserine, a fat-soluble compound necessary for communication between brain cells, known as neurons. Clinical research has demonstrated that phosphatidylserine can enhance not only acetylcholine release, but also serotonin, dopamine and

Key points

- Contains a comprehensive blend of ingredients designed to support cognition and memory
- Phosphatidylserine, bacopa and alpha-GPC are included to upregulate acetylcholine production and improve cognitive markers such as memory, attention, mood and reaction time
- Alpha-Lipoic Acid is able to cross the blood-brain-barrier and protect the brain from oxidative damage
- Ginkgo is added to improve blood flow to the brain
- Vitamin B6, B12 and folate are provided for nervous system support and homocysteine reduction

norepinephrine. Phosphatidylserine has shown to improve learning and recall in those with age-associated memory impairment.

Ginkgo biloba is included in **Brain·Matrix** to improve blood flow to the brain, allowing for better delivery of fuel (such as glucose and oxygen) and elimination of waste. In essence, ginkgo improves energy delivery and protection to the brain. Alpha-lipoic acid (ALA) in the formulation acts a powerful anti-oxidant to also protect the brain from the damaging effects of free radicals and heavy metals.

Finally, **Brain·Matrix** delivers vitamin B6, B12 and folate for nervous system support and the reduction of homocysteine, a known neurotoxin.

Available in softgel delivery form for optimal absorption, it is clear to see that **Brain·Matrix** collectively supports healthy cognition through many different mechanisms.

Related products

Adrenal·Matrix

Acetyl·L·Carnitine

Mito·Matrix

Omega-D3 Liquid Forte

Omega·Matrix

Non-Medicinal Ingredients: Medium chain triglycerides (from palm oil), lecithin, beeswax, magnesium silicate, magnesium stearate, silicon dioxide, dicalcium phosphate. Capsule: gelatin, caramel, glycerine.

Indications: Helps to enhance memory in adults. Helps to support cognitive function.

Directions: Adults - Take 2 softgels 2 times per day or as directed by a healthcare professional.

Duration of Use: Consult a healthcare professional for use beyond 6 weeks.

Warnings: Do not use if safety seal is broken. Consult a healthcare professional prior to use if you are pregnant or breastfeeding or if you are taking any medications including high blood pressure and seizures medications or have a medical condition including diabetes. Discontinue use and consult a healthcare professional if you experience sweating, paleness, chills, headache, dizziness or confusion - these may be symptoms of serious low blood sugar.

Contraindications: Do not use if you are taking health products that affect blood coagulation (e.g. blood thinners, clotting factor replacements, acetylsalicylic acid, ibuprofen, fish oils or vitamin E) as this may increase the risk of spontaneous bleeding.

Known Adverse Reactions: May cause digestive problems.