

Panax Ginseng

A highly potent extract of *Panax ginseng* designed to improve cognition, energy, mood and immune function. Sustainably sourced, traceable and GMO free.

Each capsule contains:

Panax ginseng extract (root, <i>Panax ginseng</i>)	300mg
4% ginsenosides, 3:1- 4:1, DHE 900mg - 1200mg	

60 vegetable capsules



*PhytoProof® is a registered trademark of Euromed USA, Inc

Vegan. GMO, gluten, soy and dairy free.



Panax ginseng, commonly known as korean red ginseng or 'true' ginseng, has traditionally been used for its ability to improve cognitive function, energy and mood. Indeed, modern research has confirmed that it can have acute anti-fatigue effects, improvements in social function and increases in reaction time.

Additionally, recent evidence has found that *Panax ginseng* can be beneficial in other areas such as immune function, exercise performance, male fertility, blood flow, low libido related to menopause and blood glucose regulation. There appears to be a wide range of effective evidence-based dosages depending on the clinical indication, ranging anywhere from

Key points

- 300mg (3:1-4:1 extract; Dried Herb Equivalent [DHE] 900mg-1200mg) of *Panax ginseng* root extract per vegetable capsule, standardized to contain a minimum of 4% ginsenosides
- Designed to improve cognition, energy, mood and immune function
- Guaranteed to be free of quintozone, a commonly used fungicide that has been previously detected in *Panax ginseng* samples
- A part of the Herbal Matrix series, containing sustainably sourced, traceable and GMO free herbs with potent therapeutic properties
- 60 vegetable capsules per bottle

40 - 400 mg per day with total ginsenoside content typically between 2-3%.

Panax Ginseng from Cyto-Matrix contains a potent 300 mg of panax ginseng root extract per vegetable capsule, standardized to contain a minimum of 4% ginsenosides. This formula is also guaranteed to be free of quintozone, a commonly used fungicide that has been previously detected in *Panax ginseng* samples. Each bottle of **Panax Ginseng** contains 60 vegetable capsules. These active ingredients are confirmed as per high-performance liquid chromatography (HPLC), the most accurate and reliable testing available for herbal extracts.

Panax Ginseng is a part of the Cyto-Matrix Herbal Matrix Series, containing sustainably sourced, traceable and GMO free herbs with potent therapeutic properties. Each herb is extracted and tested to ensure the standardization of active ingredients, ultimately leading to efficacious, predictable and reliable products. The Cyto-Matrix Herbal Matrix Series of herbal extracts is beneficial for both the health of individuals, and also the health of our planet and future generations.

Related products

Adrenal-Matrix
Bio-B Matrix HP
Black Cohosh
Brain-Matrix
Echinacea
Ginkgo Biloba
Horse Chestnut
St. John's Wort
Saw Palmetto

Non-Medicinal Ingredients: Vegetable-grade magnesium stearate, brown rice flour, maltodextrin, microcrystalline cellulose. Capsule: hypromellose.

Indications: Helps support cognition. Used in Herbal Medicine as an adaptogen to help increase energy and resistance to stress (e.g. in case of mental and physical fatigue related to stress), to help enhance physical performance, to reduce mental fatigue and as supportive therapy for the promotion of healthy glucose levels.

Directions: Adults - Take 1 capsule, 1-2 times per day or as directed by a healthcare professional.

Duration of use: Consult a healthcare professional for use beyond 3 months.

Warnings: Do not use if safety seal is broken. Consult a healthcare professional prior to use if you are pregnant, breastfeeding or have diabetes. Consult a healthcare professional prior to use if you are taking antidepressant medication, blood thinners or digoxin.

Known Adverse Reactions: Stop use if you experience insomnia, anxiety or headaches.



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