



PureGenomics™ Multivitamin

NPN 80078284



What Is It?

PureGenomics™ Multivitamin is a once-daily multivitamin/mineral formula designed to address the nutrient requirements of common genetic variations in the methylation pathway with a comprehensive blend of highly bioavailable vitamins, activated B vitamins and choline. Activated B vitamins are involved in the methylation pathway. Methyl groups are critical biochemical regulators and building blocks involved in a wide range of physiological processes. PureGenomics™ Multivitamin provides a comprehensive profile of highly bioavailable vitamins, fully-chelated minerals and antioxidants, such as lutein and zeaxanthin, to support optimal health in a gentle hypoallergenic formula well tolerated by sensitive individuals.

Vitamin and Mineral Distinctions:

- Provides vitamins A, B, C, D, E and K in highly bioavailable forms
- Includes activated B vitamins, including pyridoxal-5-phosphate, riboflavin-5-phosphate, enhanced-retention thiamin derivative benfotiamine and 800 mcg of Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
- Offers 1 000 mcg of vitamin B₁₂ in unique blend of adenosylcobalamin and hydroxycobalamin
- Contains 1 000 IU of vitamin D to maintain immune function and help in the process of normal cell division
- With 20 mcg of vitamin K₂ (menaquinone-7) to support bone health

Special Features:

- Convenient, one-capsule-per-day dosing
- Addresses the nutrient requirements of common genetic variations in the methylation pathway with B vitamins and choline
- Supports retinal health with vitamin A, lutein and zeaxanthin

What Is The Source?

The nutrients found in PureGenomics™ Multivitamin are derived from the following:

Vitamin A: synthetic

Mixed carotenoids: *Blakeslea trispora*

Lutein: marigold flower extract

Zeaxanthin: synthetic

Vitamin C: corn dextrose fermentation

Ascorbyl palmitate: corn dextrose fermentation and palm oil

Vitamin D₃: cholesterol from wool fat (lanolin)

Vitamin E: purified soybean oil

Vitamin K₁: synthetic

Vitamin K₂ (menaquinone-7): geraniol and farnesol flower extracts

Vitamin B₁ (thiamin HCl): synthetic

Vitamin B₂ (riboflavin): corn dextrose fermentation

Niacinamide: synthetic

Vitamin B₅ (calcium pantothenate): synthetic

Vitamin B₆ (pyridoxal HCl): synthetic

Vitamin B₁₂ (hydroxycobalamin and adenosylcobalamin): corn dextrose fermentation

Folate (Metafolin®, L-5-MTHF): synthetic

Biotin: synthetic

Choline: synthetic

Minerals: naturally derived from elemental ore

Sources of the mineral chelates include:

Citrate: corn dextrose fermentation

Glycinate and Orotate: synthetic

There is no detectable GMO material in this product.

Recommended Dose

Adults: Take 1 capsule daily with a meal containing oil and calcium, a few hours before or after taking other medications or natural health products, or as directed by a healthcare practitioner.

Warning

Do not use if you are allergic to plants of the Asteraceae/Compositae/Daisy family. Consult a healthcare practitioner prior to use if you are pregnant, breastfeeding, taking blood thinners, have a kidney disorder or have been diagnosed with estrogen-dependent cancer. Consult a healthcare practitioner if symptoms worsen.

PureGenomics™ Multivitamin

Medicinal Ingredients (per capsule) v 00

Vitamin A (vitamin A acetate)	822 mcg RAE (2750 IU)
Beta-carotene (from <i>Blakeslea trispora</i>)	600 mcg
Vitamin C (ascorbic acid)	180 mg
Vitamin D (cholecalciferol)	25 mcg (1000 IU)
Vitamin E (d-alpha tocopheryl acid succinate)	20 mg AT (30 IU)
Vitamin K ₁	60 mcg
Vitamin K ₂ (menaquinone-7)	20 mcg
Thiamine	
(thiamine hydrochloride, BenfoPure® benfotiamine)	6 mg
Riboflavin (riboflavin, riboflavin-5-phosphate)	3 mg
Niacin (niacinamide)	20 mg
Vitamin B ₆	
(pyridoxine hydrochloride, pyridoxal-5-phosphate)	4 mg
Folate (calcium L-5-methyltetrahydrofolate, Metafolin®)	800 mcg
Vitamin B ₁₂ (hydroxocobalamin, adenosylcobalamin)	1000 mcg
Biotin	300 mcg
Pantothenic acid (calcium D-pantothenate)	10 mg
Iodine (potassium iodide)	150 mcg
Zinc (zinc citrate)	25 mg
Selenium (selenomethionine)	70 mcg
Manganese (manganese citrate)	2 mg
Chromium (ChromeMate®) (chromium polynicotinate)	200 mcg
Molybdenum	
(molybdenum bisglycinate chelate) (TRAACS®)	75 mcg
Boron (boron glycinate)	1 mg
Choline (choline bitartrate)	57 mg
Inositol	25 mg
Lutein (FloraGlo®)	
(from <i>Targetes erecta</i> herb flowering oleoresin)	3 mg
Zeaxanthin (OPTISHARP®)	500 mcg

Non-Medicinal Ingredients: Vegetarian capsule (Hydroxypropyl methylcellulose, purified water), Ascorbyl palmitate.

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Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

FloraGlo® is a registered trademark of Kemin Industries, Inc.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

ChromeMate® is a registered trademark of InterHealth N.I.

BenfoPure® is a registered trademark of Hamari Chemicals USA, Inc.