



designs for health®

PUREPEA™

NATURAL PEA PROTEIN ISOLATE
450 G POWDER | NPN80051080 | PEAVAN-CN

PurePea™ is a natural pea protein isolate that's delicious and very easy to digest. Made from North American grown yellow peas, PurePea™ contains no dairy, making it ideal for even the strictest vegetarians. And, it is produced with a natural fermentation process which uses no chemical solvents.

PurePea™ is a safe alternative for people with allergies to milk and milk products who must avoid casein or whey proteins, and for those with lactose intolerance.

CLEAR ADVANTAGES OVER SOY

- Easy to absorb - does not contain anti-nutritional factors such as phytates and tannins that are found in soy which can inhibit absorption of minerals including iron, zinc, and calcium. Vegan diets are also known to be high in phytates.
- Soy may have estrogenic effects that are not always desired. Pea protein contains low levels of isoflavones (estrogen-like compounds), minimizing possible estrogenic effects.

PUREPEA™ FOR ATHLETES

For athletes and bodybuilders who cannot tolerate whey protein, PurePea™ is a great choice. It contains a well-balanced amino acid profile, close to that of whey protein. Its excellent array of these building blocks of protein, including high levels of BCAAs (branched-chain amino acids), makes it a great protein source for athletes and anyone who is physically active. PurePea™ is excellent to use before, during, and after exercise, as adequate intake of protein, in particular BCAAs, helps to promote muscle growth and repair, particularly after strenuous resistance training.

HIGHLIGHTS OF PUREPEA™

- Non-GMO
- Grain-free
- Gluten-free
- Dairy-free
- Soy-free
- Fructose-free

PUREPEA™ MAY BENEFIT:

- Athletes/bodybuilders sensitive to whey
- Vegetarians/vegans
- People with dairy allergies/lactose intolerance

Nutrition Facts / Valeur nutritive	
Serving Size 15 g (1 Scoop) / Portion 15 g (1 mesure)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 60	
Fat / Lipides 1 g	3 %
Carbohydrate / Glucides 2 g	1 %
Protein / Protéines 10 g	

Medicinal Ingredients (per scoop/15 g):

Pea Protein (*Pisum sativum*-Seed) 10 g

Non-Medicinal Ingredients: Natural vanilla flavour, organic stevia leaf extract powder, silicon dioxide. **Recommended Dose:** Adults: Mix 30 grams (approx. 2 heaping scoops) in eight ounces of water or any other beverage once per day, or as directed by your health care practitioner.

Designs for Health and logo are trademarks of Designs for Health, Inc. © 2020 Designs for Health, Inc. All rights reserved.

REFERENCES

For a list of references cited in this document, click on the related research link: http://www.ncbi.nlm.nih.gov/sites/myncbi/collections/public/1dY9TeF5coa_Snf0VjSgeuMAo/