



# Metabolic Xtra Improved

NPN 80107768



## What Is It?

Metabolic Xtra provides a powerful combination of nutrients to support healthy glucose metabolism by promoting proper insulin receptor function and signaling.

## Special Features:

- Modulates cell signaling for healthy insulin function with Chromate® chromium polynicotinate
- Provides enhanced antioxidant protection with alpha lipoic acid, vitamin C and resVida® trans-resveratrol
  - Alpha lipoic acid is both water- and fat-soluble, which allows it to function in almost any part of the body as an antioxidant
  - Vitamin C is one of the most effective dietary antioxidants and provides optimal support to a wide range of physiological functions
  - In a recent randomized, double-blind, placebo-controlled, four-week study, resveratrol supported antioxidant defences
- Includes the natural plant alkaloid berberine

## What Is The Source?

Berberine hydrochloride is derived from Indian barberry (*Berberis aristata*). Alpha lipoic acid (thioctic acid), chromium polynicotinate and resveratrol are synthetic. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

## Recommended Dose

Adults: Take 1 capsule 2 times daily with meals or as recommended by a healthcare practitioner. Consult a healthcare practitioner for use beyond 3 months.

## Warning

Do not use this product if you are pregnant or breastfeeding. Consult a healthcare practitioner prior to use if you have diabetes, gallstones, hypoglycemia, hypotension, a liver disorder, leucopenia, or cardiovascular disease, or are taking prescription medication as resveratrol and berberine may alter the effectiveness of these medications. Stop use and consult a healthcare practitioner if you experience symptoms of hypoglycemia including feelings of anxiety, dizziness, tremor, sweating, nausea, headache, paleness, chills or confusion, or gastrointestinal discomfort such as constipation, vomiting, abdominal pain or diarrhoea. Some people may experience skin irritation, facial flushing and slowed heart rate.

## Metabolic Xtra

Medicinal Ingredients (per capsule)	
Berberine (berberine hydrochloride).....	315 mg
DL-Alpha-Lipoic Acid.....	100 mg
Vitamin C (ascorbyl palmitate).....	21 mg
resVida® Resveratrol (trans-resveratrol).....	20 mg
Chromium (chromium polynicotinate).....	200 mcg
Non-Medicinal Ingredients: Vegetarian capsule (hypromellose, water), hypoallergenic plant cellulose.	

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